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**OM grown dancers PRESENTS 6 FORMS OF FEAR**

DURHAM, N.C. – Fear: we all entertain, contain and embody it to varying degrees to a wide range of subject matter. However, how many of us have sat with it, moved with it or put reluctance aside and actually faced it? For the past 10 months, Durham-based dance company OM grown dancers has been doing just that. Fifteen hours a week, six dancers have convened with choreographer Courtney Owen-Muir to delve into their individual fears to directly acknowledge, confront and ultimately embrace them.

*6 Forms of Fear* is a world premiere and the second work in Owen-Muir’s trilogy based on fear. Building off the first work *ALKHAWF* (Arabic for “the fear”) where the dancers immersed themselves in a confined box of their metaphorical fears, this new work expands on this concept and amplifies the dancers’ fears into a living room set-up. Here the dancers dig into a fast-paced, vigorous movement vocabulary that brings to life a real-time confrontation of addressing the fears head-on. While the dancers’ individual fears and stories are specific to their life experience, undoubtedly the audience will find connection and relation to their emotional expression.

OM grown dancers, throughout all of their pursuits, seeks to connect humans via a language we all speak: emotion. The conceptual nature of their works – through using props and deliberate meaning behind movements - allows audiences the space to connect to their emotional experiences in a heightened and artistic manner. With the turmoil we experience in today’s world, there is no better space than a warehouse theater to convene with our community and be with these experiences in a safe way.

Join OM grown dancers May 10-12 at the Durham Fruit & Produce for a presentation that is sure to be captivating, exhilarating and inspiring. Owen-Muir’s commitment to the exploration of fear is nowhere near complete with the third portion of the trilogy set to premiere in 2020.

**TICKET & LOCATION INFORMATION**

Tickets on sale now through Eventbrite: <https://www.eventbrite.com/e/om-grown-dancers-6-forms-of-fear-tickets-55868745923>

$15-22

Friday, May 10 @ 8 PM

Saturday, May 11 @ 8 PM

Sunday, May 12 @ 8 PM

Run-time: 45 minutes

The Durham Fruit & Produce, 305 S. Dillard Street, Durham, NC 27701.

Accessible parking is available, and the performance location inside the warehouse is wheelchair accessible.

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